

LSG Goldener Grund Werfertage 2011

| Athlet | | | | LEISTUNG | | | | | | Pokale | | |
|--------|-------------------------|--------------------------|----|----------|---------|----------|----------|----------|----------|----------------|--------------|-----------|
| Klasse | Name | Verein | JG | Kugel 1 | Kugel 2 | Diskus 1 | Diskus 2 | Hammer 1 | Hammer 2 | Beste Leistung | Pokalwertung | Dreikampf |
| M65 | Huppertsberg, Hermann | DT Ronsdorf | 45 | 10,15 | 10,49 | 44,54 | 44,91 | 50,15 | 49,30 | 966 | 2823 | 5011 |
| M | Rosbach, Marius | TV Elz | 91 | | 14,72 | 46,42 | 48,68 | | 44,32 | 882 | 2548 | 3273 |
| M19 | Stötzer, Kevin | TuS Niederneisen | 92 | 14,67 | 14,11 | 45,25 | 43,97 | | | 849 | 2483 | 3258 |
| M14 | Mellinghoff, Maximilian | TSG Wehrheim | 97 | 13,41 | 12,07 | 41,74 | 39,86 | | | 830 | 2446 | 3203 |
| F | Schiebel, Martina | LG Lahn-Aar-Esterau | 89 | 12,39 | | 38,71 | | 42,72 | | 802 | 2355 | 2355 |
| M40 | Ernst, Adrian | TSG Wehrheim | 67 | 13,33 | 13,08 | 38,99 | 36,18 | | | 785 | 2293 | 2971 |
| M15 | Birkle, Alexander | TV Eschhofen | 96 | 11,98 | 11,65 | 40,24 | 42,23 | | | 789 | 2281 | 2995 |
| M17 | Martin, Sebastian | TV Elz | 94 | 11,88 | 11,24 | | | 47,94 | 53,44 | 867 | 2280 | 2858 |
| M16 | Wielitsch, Julian | LSC Bad Nauheim | 95 | 14,23 | 12,76 | 38,00 | 37,89 | | | 798 | 2216 | 2914 |
| W18 | Wallisch, Vanessa | TSG Wehrheim | 93 | 9,79 | 10,39 | 36,30 | 35,32 | | | 740 | 2138 | 2771 |
| W30 | Schliffer, Annika | TuS 03 Weilmünster | 78 | 11,70 | 11,16 | 28,26 | 28,62 | | | 763 | 2062 | 2626 |
| M12 | Arnold, Sebastian | TuS 03 Weilmünster | 99 | 9,65 | 9,80 | 29,00 | 25,29 | | | 752 | 2025 | 2619 |
| W18 | Söhn, Nicola | TV Elz | 93 | 10,05 | 9,57 | 34,72 | 32,59 | | | 708 | 2022 | 2638 |
| M12 | Reinhart, Cedric | TSG 1848 Heidesheim | 99 | 7,29 | 7,94 | 27,01 | 29,90 | | | 771 | 1966 | 2409 |
| M19 | Lenz, Sebastian | LG Eintracht Frankfurt | 92 | | | | | 62,00 | 63,53 | 990 | 1961 | 1961 |
| M80 | Zuber, Ernst | TSG Oberursel | 31 | 9,23 | 9,29 | 20,39 | 20,24 | 27,69 | 28,55 | 670 | 1956 | 3275 |
| M19 | Ohde, Dirk | LSG Goldener Grund Seite | 92 | 12,00 | 12,12 | 36,78 | 35,58 | | | 671 | 1955 | 2587 |
| W14 | Edel, Laura | TV Eschhofen | 97 | 10,11 | 10,00 | 23,60 | 23,72 | | | 722 | 1944 | 2446 |
| M55 | Klautke, Michael | LSG Goldener Grund Seite | 52 | 10,22 | 10,54 | 32,84 | 33,30 | 34,00 | 35,40 | 663 | 1931 | 3731 |
| W14 | Schmitt, Lisa | TV Seckbach 1875 | 97 | 9,65 | 9,38 | 25,25 | 24,94 | | | 697 | 1928 | 2469 |
| M16 | Fiehn, Alexander | Lf Villmar | 95 | 12,16 | 12,16 | 32,60 | 33,36 | 21,51 | 22,90 | 656 | 1915 | 3196 |
| M15 | Loew, Ruben | TuS 03 Weilmünster | 96 | | 11,71 | | 34,05 | | | 716 | 1906 | 1906 |
| M14 | Hohm, Robin | TuS 03 Weilmünster | 97 | 9,99 | 10,16 | 25,50 | 26,89 | 23,21 | 23,35 | 647 | 1862 | 3120 |
| M15 | Kürzer, Tobias | TV Weisel | 96 | 10,27 | 9,35 | 30,64 | 27,61 | | | 635 | 1829 | 2392 |
| W75 | Wissinger, Susanne | TV Gelnhausen | 34 | 8,83 | | 20,24 | | 24,90 | | 761 | 1789 | 1789 |
| M65 | Hagenhoff, Alois | Diezer TSK Oranien | 44 | 9,63 | 10,11 | 29,64 | 30,64 | | | 625 | 1768 | 2309 |
| M85 | Höht, Ernst | LG Main-Taunus-West | 25 | 9,04 | | 21,02 | 21,19 | 24,45 | 25,13 | 621 | 1764 | 2525 |
| M50 | Gellhaus, Hans-Joachim | TB Wiesbaden | 57 | 10,57 | | 35,42 | | 30,92 | | 636 | 1734 | 1734 |
| W12 | Okereke, Angela | TuS Lindenholzhausen | 99 | 6,95 | 7,26 | 16,45 | 14,76 | | | 636 | 1711 | 2125 |
| W17 | Hess, Bettina | LSC Bad Nauheim | 94 | 8,88 | 9,58 | 23,14 | 25,66 | | | 627 | 1710 | 2155 |
| W17 | Löhr, Hannah | TuS 03 Weilmünster | 94 | 8,10 | 8,33 | 25,38 | 26,30 | 30,64 | 30,18 | 579 | 1677 | 3215 |
| W13 | Pabst, Fabienne | TSV Kirberg | 98 | 7,20 | 7,13 | 18,41 | 19,96 | | | 576 | 1665 | 2145 |
| M | Schmitt, Christian | ASC Neu-Isenburg | 86 | | | | | 51,47 | 51,90 | 833 | 1660 | 1660 |
| W13 | Pfeiffer, Fabienne | TSV Kirberg | 98 | 6,86 | 7,19 | 17,70 | 20,48 | | | 576 | 1659 | 2121 |

LSG Goldener Grund Werfertage 2011

| Athlet | | | | LEISTUNG | | | | | | Pokale | | |
|--------|---------------------|----------------------------|----|----------|---------|----------|----------|----------|----------|----------------|--------------|-----------|
| Klasse | Name | Verein | JG | Kugel 1 | Kugel 2 | Diskus 1 | Diskus 2 | Hammer 1 | Hammer 2 | Beste Leistung | Pokalwertung | Dreikampf |
| W15 | Stath, Alina | LSG Goldener Grund Selte | 96 | 8,93 | 9,26 | 14,63 | 19,66 | | | 651 | 1656 | 1864 |
| M70 | Reichrath, Klaus | TuS 03 Weilmünster | 40 | 9,39 | 9,64 | 23,55 | 25,00 | | | 611 | 1654 | 2064 |
| W40 | Steinfurth, Yvonne | LG Eppstein-Hornau | 71 | 11,84 | | 37,65 | | | | 830 | 1647 | 1647 |
| W16 | Tilger, Tina | LG Eintracht Frankfurt | 95 | | | | | 39,98 | 42,86 | 848 | 1641 | 1641 |
| M14 | Hinterwälder, Lukas | TV Weisel | 97 | 12,89 | | 38,71 | | | | 803 | 1580 | 1580 |
| M | Polizzi, Nicklas | TV Michelbach | 91 | 13,22 | | 43,84 | | | | 790 | 1517 | 1517 |
| M60 | Wöll, Rainer | TuS Niederneisen | 48 | 9,77 | 9,73 | 26,16 | 26,49 | | | 545 | 1508 | 1923 |
| W19 | Genz, Alina | TSV Eintracht Stadtallendo | 92 | | | | | 39,56 | 40,38 | 748 | 1482 | 1482 |
| W17 | Feiler, Jana | LSG Goldener Grund Selte | 94 | 8,59 | 8,47 | 20,75 | 18,35 | | | 549 | 1469 | 1781 |
| M13 | Braun, Lorenz | Lf Villmar | 98 | 7,65 | 8,10 | 20,99 | 18,15 | | | 509 | 1445 | 1887 |
| W15 | Zorn, Sara Lisa | SSC Hanau-Rodenbach | 96 | 11,46 | | 31,23 | | | | 761 | 1444 | 1444 |
| M13 | Machoczek, Florian | TuS Lindenholzhausen | 98 | 7,58 | 7,58 | 17,91 | 21,82 | | | 527 | 1425 | 1861 |
| W17 | Schwieder, Elenor | TSV Frankenberg | 94 | | 10,70 | | 33,96 | | | 712 | 1416 | 1416 |
| W16 | Bös, Selina | LSG Goldener Grund Selte | 95 | 8,00 | 7,63 | 20,81 | 21,16 | | | 513 | 1396 | 1788 |
| M70 | Keller, Norbert | SV Darmstadt 98 | 41 | | | | | 31,18 | 32,10 | 692 | 1361 | 1361 |
| M | Kollmar, Dominik | TSV Frankenberg | 90 | | 11,77 | | 40,13 | | | 716 | 1341 | 1341 |
| M13 | Dunkel, Sven | ASC Darmstadt | 98 | 10,39 | | 31,07 | | | | 716 | 1336 | 1336 |
| M17 | Gautsch, Kilian | LG BSN | 94 | | 13,00 | | 34,89 | | | 702 | 1335 | 1335 |
| W14 | Speckert, Charlotte | Moerser TV | 97 | 8,81 | | 29,62 | | | | 665 | 1316 | 1316 |
| M18 | Skorno, Fabian | TuS 03 Weilmünster | 93 | 9,87 | | 27,83 | | 22,91 | | 479 | 1304 | 1304 |
| W13 | Stückel, Anna | TV Elz | 98 | | 9,78 | | 22,21 | | | 731 | 1299 | 1299 |
| M65 | Lange, Torsten | TV Bad Ems | 45 | 11,24 | | | | 29,12 | | 732 | 1298 | 1298 |
| M17 | Hamm, Johannes | LSG Goldener Grund Selte | 94 | 9,08 | 8,69 | 26,94 | 24,39 | | | 438 | 1232 | 1603 |
| W15 | Hahn, Victoria | TV Eschhofen | 96 | 10,46 | | 24,69 | | | | 713 | 1229 | 1229 |
| M16 | Dahlmann, Malte | TV Seckbach 1875 | 95 | | 11,37 | | 33,73 | | | 612 | 1211 | 1211 |
| M | Medenbach, Sven | LSG Goldener Grund Selte | 90 | | 11,85 | | 33,51 | | | 630 | 1204 | 1204 |
| M65 | Bosch, Ronald | TV Dornholzhausen | 42 | | | 32,17 | 31,68 | | | 606 | 1200 | 1200 |
| W14 | Weitzel, Isabel | TSV Eintracht Stadtallendo | 97 | | | | | 31,49 | 28,79 | 626 | 1192 | 1192 |
| W40 | Rumpf, Kerstin | LSG Goldener Grund Selte | 71 | 8,80 | 8,91 | | | | | 600 | 1191 | 1191 |
| M15 | Deisel, Patrick | LG Brechen | 96 | | 10,57 | | 25,26 | | | 652 | 1174 | 1174 |
| W16 | Heun, Lucija | LSG Goldener Grund Selte | 95 | 6,41 | 6,92 | 19,36 | 20,64 | | | 415 | 1168 | 1518 |
| W17 | Werner, Lisa-Marie | TSV Frankenberg | 94 | | 9,30 | | 27,09 | | | 606 | 1152 | 1152 |
| W70 | Maier, Edith | TuS Niederneisen | 41 | | 7,40 | | | | 23,85 | 583 | 1105 | 1105 |
| F | Rumpf, Sabine | LSG Goldener Grund | 83 | | | | 57,17 | | | 1103 | 1103 | 1103 |

LSG Goldener Grund Werfertage 2011

| Athlet | | | | LEISTUNG | | | | | | Pokale | | |
|--------|------------------------|--------------------------|----|----------|---------|----------|----------|----------|----------|----------------|--------------|-----------|
| Klasse | Name | Verein | JG | Kugel 1 | Kugel 2 | Diskus 1 | Diskus 2 | Hammer 1 | Hammer 2 | Beste Leistung | Pokalwertung | Dreikampf |
| M80 | Bund, Artur | LG Main-Taunus-West | 30 | | | 23,00 | | 26,77 | | 622 | 1072 | 1072 |
| W18 | Bechtler, Julia | LG OVAG Friedberg-Fauer | 93 | 8,87 | | 25,71 | | | | 561 | 1064 | 1064 |
| M12 | Sandmann, Lukas | TuS 03 Weilmünster | 99 | 8,50 | 8,72 | | | | | 538 | 1061 | 1061 |
| W14 | Kerth, Katharina | LSG Goldener Grund Selte | 97 | 6,56 | 7,03 | | | | | 545 | 1060 | 1060 |
| F | Bremser, Julia | LSG Goldener Grund Selte | 82 | | | 53,36 | | | | 1041 | 1041 | 1041 |
| W40 | Sandmann, Anke | TuS 03 Weilmünster | 70 | 8,22 | | 23,82 | | | | 541 | 1025 | 1025 |
| M | Graf, Robin | LSG Goldener Grund Selte | 91 | 7,57 | 7,72 | 24,57 | 23,95 | | | 358 | 1002 | 1291 |
| M12 | Sauerwein, Theodor | TV Weisel | 0 | 6,74 | | 22,22 | | | | 596 | 1000 | 1000 |
| W19 | Kern, Svenja | LG Eintracht Frankfurt | 92 | | | | | 55,20 | | 993 | 993 | 993 |
| M16 | Krause, Marc | TGS Niederrodenbach | 96 | | | | 51,04 | | | 979 | 979 | 979 |
| W70 | Steuil, Margarete | LSG Goldener Grund Selte | 40 | 6,66 | 6,52 | | | | | 495 | 974 | 974 |
| M14 | Gendritzki, Marc | LSG Goldener Grund Selte | 97 | 7,72 | 7,64 | | | | | 489 | 972 | 972 |
| W19 | München, Shary | LG OVAG Friedberg-Fauer | 92 | 8,23 | | 24,32 | | | | 505 | 969 | 969 |
| W14 | Schneider, Selina | LSG Goldener Grund Selte | 97 | 6,25 | 5,85 | | | | | 495 | 962 | 962 |
| W16 | Romanowski, Jana | TV Elz | 95 | 7,82 | 7,33 | | | | | 497 | 950 | 950 |
| F | Vester, Anjolie | LG Eintracht Frankfurt | 91 | | | | | | 51,48 | 921 | 921 | 921 |
| M18 | Reinhart, Yorrick | TSG 1848 Heidesheim | 93 | | 9,86 | | 26,29 | | | 479 | 905 | 905 |
| W17 | Müller, Rebecca | TGS Niederrodenbach | 94 | | | | 43,78 | | | 904 | 904 | 904 |
| M75 | Dr. Siems, Erich | LG Main-Taunus-West | 35 | | | 20,94 | | 23,94 | | 535 | 899 | 899 |
| M19 | Bashary, Omid | LG Eintracht Frankfurt | 92 | | 16,01 | | | | | 895 | 895 | 895 |
| W40 | Kerth, Jutta | LSG Goldener Grund Selte | 67 | 6,93 | 7,03 | | | | | 433 | 857 | 857 |
| W17 | Fehr, Julia | TSG Mutterstadt | 94 | | | | | | 44,95 | 853 | 853 | 853 |
| M14 | Steinfurth, Konstantin | TSG Eppstein | 97 | | | | | | 43,21 | 848 | 848 | 848 |
| M70 | Willershäuser, Arno | LG Wettenberg | 39 | | | | 38,41 | | | 844 | 844 | 844 |
| M70 | Schneider, Manfred | TuS Eintracht Wiesbaden | 40 | | | | | 38,57 | | 832 | 832 | 832 |
| M17 | Kretzschmar, Tobias | LAZ Giessen | 94 | | | 43,69 | | | | 825 | 825 | 825 |
| M16 | Günther, Luca | TG Camberg | 95 | 8,50 | | 26,51 | | | | 431 | 803 | 803 |
| M19 | Roß, Christopher | TGS Niederrodenbach | 92 | | | | 40,65 | | | 754 | 754 | 754 |
| M | Kollmar, Nils | TSV Frankenberg | 93 | | | | 40,78 | | | 729 | 729 | 729 |
| M17 | Ditthardt, Michael | LG OVAG Friedberg-Fauer | 94 | 8,59 | | 23,22 | | | | 372 | 710 | 710 |
| M75 | Kaleve, Helmut | TV Eschhofen | 33 | | | 30,50 | | | | 708 | 708 | 708 |
| M60 | Stoffels, Walter | LG Rhein-Wied | 50 | 11,60 | | | | | | 704 | 704 | 704 |
| M65 | Dillmann, Ernst | TV Elz | 44 | | | | | | 35,74 | 704 | 704 | 704 |
| M50 | Wohlgefahr, Michael | TSG Wehrheim | 58 | | 12,35 | | | | | 700 | 700 | 700 |

LSG Goldener Grund Werfertage 2011

| Athlet | | | | LEISTUNG | | | | | Pokale | | | |
|--------|-------------------------|--------------------------|----|----------|---------|----------|----------|----------|----------|----------------|--------------|-----------|
| Klasse | Name | Verein | JG | Kugel 1 | Kugel 2 | Diskus 1 | Diskus 2 | Hammer 1 | Hammer 2 | Beste Leistung | Pokalwertung | Dreikampf |
| M60 | Steinfurth, Klaus | TSG Eppstein | 51 | | | | | | 36,91 | 697 | 697 | 697 |
| W14 | Otto, Jana | TuS Lindenholzhausen | 97 | 6,66 | | 13,35 | | | | 522 | 697 | 697 |
| W19 | Bondkirch, Elena | LSG Goldener Grund Selte | 92 | 6,50 | | 18,40 | | | | 355 | 660 | 660 |
| M16 | Klaus, Yannick | ASC Neu-Isenburg | 95 | | | | | 37,88 | | 641 | 641 | 641 |
| M40 | Sippel, Oliver | TuS Eintracht Wiesbaden | 70 | 11,20 | | | | | | 624 | 624 | 624 |
| W15 | Burger, Josy | LG Reinheim/Roßdorf | 96 | 8,70 | | | | | | 621 | 621 | 621 |
| M60 | Haas, Walter | Lf Villmar | 50 | | 10,39 | | | | | 601 | 601 | 601 |
| M45 | Steyer, Ralph-Jürgen | LG Eppstein-Hornau | 63 | | | | | 33,05 | | 593 | 593 | 593 |
| M45 | Schenk, Michael | TuS Eintracht Wiesbaden | 63 | 10,53 | | | | | | 584 | 584 | 584 |
| W17 | Brettaufer, Nicole | TV Eschhofen | 94 | | 8,99 | | | | | 581 | 581 | 581 |
| W15 | Rosbach, Franziska | TV Elz | 96 | 7,97 | | | | | | 580 | 580 | 580 |
| M16 | Arnold, Alexander | TuS 03 Weilmünster | 95 | 7,47 | 7,66 | | | | | 298 | 580 | 580 |
| M18 | Simon, Johannes | ASC Neu-Isenburg | 93 | | | | | 34,03 | | 570 | 570 | 570 |
| M60 | Wlodosch, Hans-Werner | TV Elz | 47 | | 9,96 | | | | | 562 | 562 | 562 |
| W17 | Bretthauer, Nicole | TV Eschhofen | 94 | 8,73 | | | | | | 560 | 560 | 560 |
| W18 | Loke, Jessica | LG Brechen | 93 | | 8,73 | | | | | 550 | 550 | 550 |
| M14 | Giebisch, Sebastian | LG Reinheim/Roßdorf | 97 | | | 25,33 | | | | 549 | 549 | 549 |
| M17 | Trost, Jonas | LG Brechen | 94 | | 10,82 | | | | | 548 | 548 | 548 |
| M14 | Graf, Colin | TV Weilburg | 97 | 8,56 | | | | | | 546 | 546 | 546 |
| W15 | Fuchs, Vanessa | LSG Goldener Grund Selte | 96 | | 6,94 | | | | | 519 | 519 | 519 |
| W17 | Hein, Anna | LG Brechen | 94 | | 8,10 | | | | | 507 | 507 | 507 |
| W15 | Kremer, Lorena | LSG Goldener Grund Selte | 96 | 5,89 | | | | | | 453 | 453 | 453 |
| M70 | Marchlowitz, Karl-Heinz | LG BSN | 37 | | | 24,48 | | | | 441 | 441 | 441 |
| W30 | Hepp, Andrea | LSG Goldener Grund Selte | 79 | 7,45 | | | | | | 439 | 439 | 439 |
| M75 | Wenig, Günther | LG Main-Taunus-West | 36 | | | 22,78 | | | | 435 | 435 | 435 |
| W65 | Rumpf, Rita | LSG Goldener Grund Selte | 46 | | 6,51 | | | | | 433 | 433 | 433 |
| M15 | Schattschneider, Jonas | LG Reinheim/Roßdorf | 96 | | | 19,88 | | | | 419 | 419 | 419 |
| M12 | Keim, Nicolas | LSG Goldener Grund Selte | 99 | | 6,67 | | | | | 399 | 399 | 399 |
| W50 | Speckert, Martina | Moerser TV | 60 | | | 19,68 | | | | 392 | 392 | 392 |
| W45 | Liesering, Sabine | LSG Goldener Grund Selte | 62 | | 6,25 | | | | | 375 | 375 | 375 |
| W12 | Speckert, Laetitia | Moerser TV | 0 | | | 12,24 | | | | 338 | 338 | 338 |
| W17 | Hundler, Lisa | LSG Goldener Grund Selte | 94 | | | 19,07 | | | | 333 | 333 | 333 |
| W40 | Schneider, Yvonne | LSG Goldener Grund Selte | 68 | 5,95 | | | | | | 325 | 325 | 325 |
| M16 | Stahl, Christian | LG Brechen | 95 | | 7,79 | | | | | 310 | 310 | 310 |